



**FOR DISCUSSION PURPOSES ONLY**

***With the decrease in sports participation and the increase of sedentary technology-based activities, TME is a vital platform to build healthy children and communities. Track & Field, is a high-calorie-burning sport that moves the body in many ways and offers events for fit and overweight/obese children to participate.***

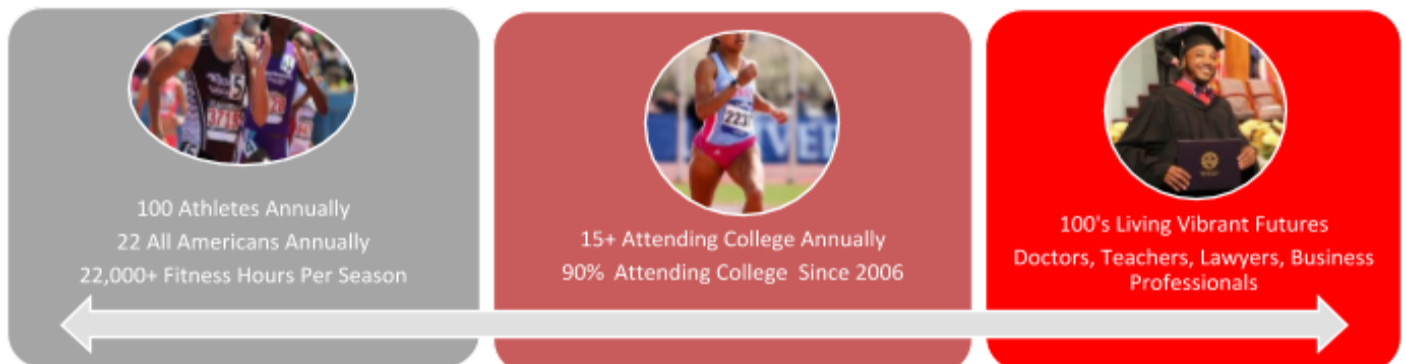
### **TRACK MINNESOTA ELITE (IMPACTING FUTURES)**

TME, a program of *Youth & Families Determined To Succeed, Inc.* (YFDS), is a unique year-around program that is designed to provide youth aged 8 to 18 years of age a platform to get or stay fit and develop their athletic talent into collegiate scholarships. Although the programs focus is intended to develop local talent capable of competing on a regional and national level it also, serves as a platform to enhance not only their personal development, but their competitive spirit as well. TME has been recognized for its success to instill leadership and confidence that students are able to use as they further their academic, athletic, and professional careers. In addition, TME serves as a host to several community track events that recognize exceptional student athletes and provide an opportunity for them to advance to national meets.

Over the past several years, TME participants have gained national attention for its ability to produce some of the area's leading track and field champions. As a result of the dedication and passion by the organizations founder and coaches, TME participants embrace a commitment that is reflected in their uncanny work ethics, commitment to succeed, and passion to accept and overcome life challenges as a measure of success. TME athletes are regarded as some of the most highly competitive athletes in the region and have received some of the highest honors for their remarkable achievement, including witnessing 90% of its' participants attend college.

In relationship with our organizational mission, beyond athletics TME objectives is to increase participants wellness. Based upon research it has been proven that sports provide many lifelong benefits: children are only one-tenth as likely to become obese, 15 percent more likely to go to college, and they are more likely to be productive adults than children who do not play sports and that sports participation will certainly combat the growing obesity epidemic.

### ***Program Impact***





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