



JUNIOR TEAM INFO PACKET



TME a program of Youth & Families Determined To Succeed (YFDS) a unique nonprofit organization that provides a vehicle for youth to get or stay fit and develop their athletic talent into collegiate scholarships. 22 years later, Track Minnesota Elite, continues using track& field to develop youth's character and collegiate opportunities. TME athletes are regarded as some of the most highly competitive athletes in the nation averaging 20+ National All Americans annually and TME has assisted hundreds of participants earn athletic and academic scholarships worth millions of dollars. Currently TME has over 50 alumni in college.

TME, has its own training facility and 20 coaches, including several TME alumni coaching. TME offers all events except pole vault, including Sprints, distance, Long & Triple and High Jump , Shot, Discus and Javelin. In addition, we provide two team options, a Junior Team for those new to track and a Varsity Team for the experienced athletes. We also provide college recruiting programs for inspiring college attendees and life skills programs to address youth's social development.

Most Recent Season Highlights (2019)

18 of 18	Seniors Attending College
1.2 Million+	College Athletic & Academic Scholarships Earned
12	National AAU All Americans (Top 8 in the USA)
4	AAU National Champions
13	Honorable Mention AAU All Americans
38	Minnesota High School State Meet Medalist
16	Minnesota High School State Champions

In relationship with YFDS organizational mission, beyond athletics TME objectives is to increase participants wellness. Based upon research it has been proven that sports provide many lifelong benefits: children are only one-tenth as likely to become obese, 15 percent more likely to go to college, and they are more likely to be productive adults than children who do not play sports.





Junior Developmental Team

Our developmental team is ideally for participants ages 6yrs to 18yrs who are new to track & field and a great starting place to learn the fundamentals of Track & Field.

PRE-SEASON TRAINING - May 2nd to 26th

Cost: \$75 (Due Prior to First Practice)

Pays for Track training, strength training, coaching, facilities & *receives free Team Shirt.*

Practices

W & F	6:00 to 7:30	YWCA Sports Ctr., 2121 E Lake St.
Sun	3:30 to 5:00	YFDS Impact Center, 701 Plymouth Ave. N

SUMMER SEASON - JUNE 3RD TO JULY 9TH

Team Fee \$200 (Due Prior to First Practice)

Team Pays For: Facility Rentals, Coaching, Local Track Meets: Registration Fees, Food & Drinks.

Register

Trackminnesota.org

Scholarship Request

scholarships@trackminnesotaelite.com

Schedule of Events

Practices

**June 3rd – July 15th
Tues & Thur 4:30 - 6:00
Brooklyn Center HS**

May 23 rd	TME Track Camp – TBD
June 6 th	TME Invitational - Brooklyn Center HS
June 13 th	TME Invitational - Brooklyn Center HS
June 26 th & 27 th	AAU State Championship & Senior Recognition - Brooklyn Center HS
July TBD	USATF Invitational – Minnesota (TBD)
July TBD	USATF Invitational – Minnesota (TBD)
Aug 14 th or 22 nd	Team Banquet

Compression Uniforms Tops \$50 Shorts \$50

Lose Fit Uniforms Tops \$25 Shorts \$15

uniforms@trackminnesotaelite.com



701 Plymouth Ave North, Minneapolis 55411 612-486-6730 YFDS.org



Coaches

<p>Mel Anderson Founder & Head Coach Sprints / Relays 22 Years University of Minnesota – Football & Track & Field</p>		<p>Antwain Hollie Jumps 5 Years Butler University – Track & Field</p>
<p>Tara Watson Hurdles / High Jump 19 Years Seton Hall – Track & Field</p>		<p>Corey & Eric Mensaw <i>(TME Alumni)</i> Sprints / Relays 3 Years University of Minnesota – Track & Field</p>
<p>Dawn Johnson Sprints / Relays 13 Years Purdue University – Track & Field</p>		<p>Tyler Blanchard <i>(TME Alumni)</i> Sprints 5 Years Crown College – Football & Track & Field</p>
<p>Samantha Bailey Distance 17 Years Concordia University</p>		<p>Josh Gilipsie <i>(TME Alumni)</i> Sprints 5 Years Northwestern College</p>
<p>Steve Downey Throws 15 Years Mankato State University - Football</p> <p>Gabriel Brown Hurdles 3 Years University of St. Thomas</p> <p>Keke Burkys Throws 7 Years University of Minnesota</p>		<p>Josh Robinson <i>(TME Alumni)</i> High Jump 3 Years Mankato State University – Track & Field</p> <p><i>Coaching Interns</i></p> <p><i>Kaylynn Blanchard - 3yrs (TME Alumni)</i></p>

